

Ysgol Gynradd Llanidloes Primary School

Sex and Relationships Policy



This policy was adopted on 24th September 2019

Signed: _____ (Chair of Governors)

Signed: _____ (Headteacher)

Reviewed: 27th April 2022

Rationale

The Llanidloes Schools' Federation Governing Body has decided that Sex and Relationships should be part of the curriculum and should be delivered within the framework for Personal and Social Education and the statutory requirements of the programme of study for Science.

From Autumn 2008 all schools, colleges and other learning providers in Wales are expected to base their PSE provision for 7–19 year olds on a framework published by the Welsh Government. The five themes of the framework are:

- active citizenship;
- health and emotional well-being (which includes SRE);
- moral and spiritual development;
- preparing for lifelong learning;
- sustainable development and global citizenship.

The programme for delivering Sex and Relationships Education will also take into account Powys Sex and Relationships Guidance for Schools.

Sex and relationships education (SRE)

Sex and relationships education (SRE) can be defined as 'learning about sex, sexuality, emotions, relationships, sexual health and ourselves', which should be an integral part of a lifelong learning process.

It is about the understanding of marriage for family life, stable and caring relationships; respect, love and care; and successful relationships within friendship groups and the wider community.

It should enable pupils to develop attitudes, values and skills which can influence the way they behave.

It is not about the promotion of sexual orientation or sexual activity.

Aims and Objectives

- To help and support pupils through their physical, emotional moral and spiritual development;
- To help pupils to learn to respect themselves and others with confidence through childhood, through adolescence and into adulthood;
- To prepare pupils for the opportunities, responsibilities and experiences of adult life;
- To help pupils develop the skills and understanding they need to live confident, healthy and independent lives;
- To build on pupils' existing knowledge and experience of their bodies, relationships and the world around them in a developmentally appropriate way;
- To undertake appropriate education at a primary level in order to ensure that pupils will be prepared for puberty and, for girls, menstruation, before their periods start;

- To ensure that pupils develop understanding about their bodies and self esteem so as to become confident adolescents;
- To help our pupils learn to take responsibility for their behaviour in their personal relationships which will assist them in their present and future relationships;
- To develop good communication and other interpersonal skills; awareness of and respect for their own feelings and the feelings of others in order to keep themselves and others safe.

Delivery

Sex Education arises naturally as part of the pupil's work in Science and Personal and Social Education.

The curriculum content as regards to science

During the Foundation Phase, the pupils are expected to be taught:

- to name the main external parts, of the human body, using the correct names such as penis and vagina;
- to recognise similarities and differences between themselves and other pupils;
- to compare the external parts of human bodies with those of other animals;
- that humans and other animals can produce offspring and that these offspring grow into adults.

In Key Stage 2, pupils are to be taught:

- that there are life processes, including nutrition, movement, growth and reproduction, common to animals, including humans;
- the main stages of the human life cycle.

The Personal and Social Education framework states that the pupils should have knowledge and understanding of the following aspects:

Social aspect
Sexual aspect
Emotional aspect
Spiritual aspect
Moral aspect

The school invites specialists, for example, the school nurse, to work with the school regarding these aspects.

In every case, we will take age and maturity of pupils into consideration when discussing these matters.

Teachers are responsible for the delivery of Sex and Relationships education within the context of the PSE and Science curriculum. Personal beliefs and attitudes of teachers will not influence teaching. Parents will be informed prior to year 5 and 6 lessons on Sex and Relationships education. Parents are welcome to discuss the content of these lessons with the school nurse or class teacher.