

Increase your toolkit to help you through the Toddler Stage[®] 'Your Incredible Toddler' group

Is your little bundle of joy starting to toddle around? Learning new things everyday and developing a whole range of emotions?

If so, this FREE group is for you!

For parents of children aged 1-3 years old

You will learn about

Promoting Social skills to help sharing, taking turns and good manners.

Making mealtimes a positive experience, -as well as Managing fussy eating, tantrums and toileting.

How to help your child learn how to express their emotions in a positive way through self-regulation and calming techniques.

Promoting language skills and play through appropriate play opportunities.

Child Safety.



For more information email:
parentinggroups@powys.gov.uk

Register your interest in our
FREE group here:
[en.powys.gov.uk/article/ 9499/Request-ParentingGroup-Support](https://en.powys.gov.uk/article/9499/Request-ParentingGroup-Support)

12 Week Free Virtual Group
(2 hours per week)

Starting:
Monday 23rd of January 2023
10am - 12pm



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