

# GWEITHDY NIWED GEMAU CYFRIFIADUROL A GAMBLO AR-LEIN AM DDIM



## CRHAGLEN ATAL NIWED AC YMWYBYDDIAETH O HAPCHWARAE A GAMBLO YSWIRIEDIG CITY AND GUILDS: ADDYSG

**Ar gael ar gyfer:** Athrawon, gweithwyr ieuengt a gweithwyr proffesiynol sy'n gweithio'n uniongyrchol gyda phlant a phobl ifanc.

### Pynciau rydym yn ymddyri â nhw:

- Niweidiau a achosir gan hapchwarae a gamblu
- Hysbysebu a deddfwriaeth
- Iechyd meddwl a lles
- Y llinellau aneglur rhwng hapchwarae a gamblu
- Sut i adnabod arwyddion o niwed
- Ble i gael help a chefnogaeth

Ar ôl ei gwblhau bydd gennych fynediad at dros 1000 o adnoddau y gallwch eu lawrlwytho a'u defnyddio yn eich practis. Mae ein hadnoddau ysgol wedi'u mapio i'r cwricwlwm perthnasol o CA2-CA5/16+

## RHAGLEN ATAL NIWED AC YMWYBYDDIAETH O HAPCHWARAE A GAMBLO YSWIRIEDIG CITY AND GUILDS: CEFNOGI PLANT MEWN GOFAL

**Ar gael ar gyfer:** Gofalwyr maeth a thimau gofal preswyl i blant.

### Pynciau rydym yn ymddyri â nhw:

- Pam y gallai plant hapchwarae/gamblu
- Y gwendidau ychwanegol y gallai plant mewn gofal eù hwynebu
- Y llinellau aneglur rhwng hapchwarae a gamblu
- Sut i adnabod arwyddion o niwed
- Awgrymiadau a thechnegau i gefnogi'r plant yn eich gofal
- Ble i gael help a chefnogaeth

Ar ôl ei gwblhau bydd gennych fynediad i lyfr gwaith gyda rhai templedi a gweithgareddau y gellir eu hargraffu i'w defnyddio gyda'r plant yn eich gofal.

Mae ein gweithdai ar gael ledled Cymru, Lloegr a Gogledd Iwerddon. Mae ein gweithdai yn cael eu harwain gan dystiolaeth ac yn cael eu gwerthuso'n annibynnol, eu hysgrifennu a'u llywio gan athrawon cymwysedig, pobl sy'n gadael gofal a phobl sydd â phrofiad byw o niwed gamblu.

## RHAGLEN ATAL NIWED AC YMWBYPDDIAETH O HAPCHWARAE A GAMBLO YSWIRIEDIG CITY AND GUILDS: CEFNOGI PLANT A THEULUOEDD SYN AGORED I NIWED

**Ar gael ar gyfer:** Gweithwyr cymdeithasol, timau cymorth i deuluoedd a gweithwyr proffesiynol sy'n gweithio gyda phlant a'u teuluoedd.

### Pynciau rydym yn ymddyri â nhw:

- Pam y gallai pobl ifanchapchwarae/ gamblu
- Dylanwadau, hysbysebu a deddfwriaeth
- Y llinellau aneglur rhwng hapchwarae a gamblu
- Risgiau a'r potensial ar gyfer niwed
- Adnabod arwyddion niwed
- Sut y gallwch chi helpu a chefnogi

Ar ôl ei gwblhau, bydd gennych fynediad at dros 1000 o adnoddau gan gynnwys gweithgareddau 1:1 a gwaith grŵp bach y gallwch eu lawrlwytho a'u defnyddio yn eich practis.

## SESIWN YMWYBYDDIAETH A GWYBODAETH HAPCHWARAE A GAMBLO: AR GYFER RHENI

**Ar gael ar gyfer:** Rhieni, gofalwyr a gwarcheidwaid plant a phobl ifanc.

### Pynciau rydym yn ymddyri â nhw:

- Gamblu: archwilio'r dylanwadau ar blant a phobl ifanc.
- Hapchwarae: trafod y manteision a'r pryderon
- Y llinellau aneglur rhwng hapchwarae a gamblu
- Sut i adnabod arwyddion o niwed
- Awgrymiadau defnyddiol i greu cydwyseidd hapchwarae iach a chefnogi eich plentyn
- Ble i gael help a chefnogaeth

Ewch i'n Hwb Rhieni yn [www.parents.ygam.org](http://www.parents.ygam.org) sy'n ceisio rhoi'r wybodaeth a'r arweiniad sydd eu hangen ar rieni i helpu i ddiogelu eu plant rhag niwed posibl hapchwarae a gamblu.



# FREE ONLINE WORKSHOPS ON GAMING AND GAMBLING HARMS



## CITY & GUILDS ASSURED GAMING AND GAMBLING AWARENESS AND HARM PREVENTION: EDUCATION

**Available for:** Teachers, youth workers and professionals who work directly with children and young people.

### Topics we cover:

- Gaming and gambling harms
- Advertising and legislation
- Mental health and wellbeing
- The blurred lines between gaming and gambling
- How to spot the signs of harm
- Where to get help and support

**On completion you will have access to over 1000 resources which you can download and use in your practise. Our school resources are mapped to the relevant curriculums from KS2-KS5/16+.**

## CITY & GUILDS ASSURED GAMING AND GAMBLING AWARENESS AND HARM PREVENTION: SUPPORTING CHILDREN IN CARE

**Available for:** Foster carers and children's residential care teams.

### Topics we cover:

- Why children might game/gamble
- The additional vulnerabilities children in care might face
- The blurred lines between gaming and gambling
- How to spot the signs of harm
- Tips and techniques to support the children in your care
- Where to get help and support

**On completion you will have access to a workbook with some printable templates and activities to use with the children in your care.**

## CITY & GUILDS ASSURED GAMING AND GAMBLING AWARENESS AND HARM PREVENTION: SUPPORTING CHILDREN AND VULNERABLE FAMILIES

**Available for:** Social workers, family support team and professionals who work with children and their families.

### Topics we cover:

- Why young people game/gamble
- Influences, advertising, and legislation
- The blurred lines between gaming and gambling
- Risks and the potential for harm
- How you can help and support

**On completion you will have access to over 1000 resources including 1:1 and small group work activities which you can download and use in your practice.**

## GAMING AND GAMBLING AWARENESS AND INFORMATION SESSION: FOR PARENTS

**Available for:** Parents, carers and guardians of children and young people.

### Topics we cover:

- Gaming and gambling harms
- Advertising and legislation
- Mental health and wellbeing
- The blurred lines between gaming and gambling
- How to spot the signs of harm
- Where to get help and support

**Visit our Parent Hub at [www.parents.ygam.org](http://www.parents.ygam.org) which aims to provide parents with the information they need to help safeguard their children from the potential harms of gaming and gambling.**

Our workshops are available across England, Wales, and Northern Ireland. Our workshops are evidence led and independently evaluated, written, and informed by qualified teachers, care leavers and people with lived experience of gambling harms.